

NAVY WATER

Navy Women (WRANS-RAN) Qld

Sub-Section of the Naval Association of Australia

Volume XXIV #3 Sep 2024

Winter Happenings – June to August 2024



Australian Government
Department of Veterans' Affairs

VETERANS' Health Week
13-20 OCTOBER 2024

keep connected

Join us at
"Memories and Living Now"
Guided walk and other activities.
all "Navy Women" welcome.

and support health and wellbeing
in the veteran and ex-service community.

Wednesday 16 October 2024
City Botanical Gardens
Meet 10:30 at the Cafe Club

RSVP
with menu choice to
Judy Prewett secretary@nwqld.org.au
by 2 October 2024

Numbers are limited so register early. Registration closes 2 October 2024

VeteransHealthWeek

DVAAus DVATVAus dvaausgov

This venue was the Wardroom on HMAS Moreton (I) during World War II.

DVA has approved our grant request for **Veterans Health Week 2024**.
<https://www.thegardensclub.com.au/cafe/> City Botanical Gardens.

Funding is available for Maxi Taxis to transport members from Roma Street Station to venue. Funded Lunch will be at The Gardens Club.

See you there!!

Postal Address:

Navy Women Qld
112-114 Cocos Drive
NINGI QLD 4511

Executive Contacts:

NWExecutive@nwqld.org.au

President & PR Officer:

Barb Jeffreys
0437 002 152
president@nwqld.org.au

Secretary:

Judy Prewett
0419 877 594
secretary@nwqld.org.au

Treasurer:

Lorrae Johnson
0409 638 865
treasurer@nwqld.org.au

Vice Presidents:

Liz Grimes
Bernie Franklin
Pat Nuss
Cath Leung

Wellbeing Officer:

Catherine Leung
0432 227 181
Wellbeing@nwqld.org.au

Editors:

Liz Grimes
0438 766 493
Newsletter@nwqld.org.au
Lorrae Johnson
Editor@nwqld.org.au

Meetings: 2024

12 noon on the second
Sunday of each month,
except
May – third Sunday
December – first Sunday



NAVY WOMEN (WRANS-RAN) QLD ANNUAL REUNION LUNCHEON 2024

All Navy Women (current serving and ex service) are invited and welcomed

Saturday, 2 November, 2024
11.00am for 12pm

Tattersalls Club,
206 Edward Street, Brisbane
(Entrance also by Tattersalls Arcade at bottom end of Queen Street Mall.)

Members and Carers \$40
Non-Members \$70
Life Members, Golden Members and WWII Veterans \$10

Lots of raffle prizes



Beautiful 2 course lunch



Drinks available at bar

Great company!!

Make this your annual catch-up with Navy girlfriends

Please advise the Secretary when booking/paying of any special dietary requirements

RSVP is required, with payment, before 18 October to:
The Secretary (Judy Prewett)
112-114 Cocos Drive
NINGI Q 4511
Mobile: 0419 877 594
Email: secretary@nwqld.org.au

Non-members who are first time attendees please advise Secretary of your details for name tags.

Bank Transfer
Acc Name: Navy Women (WRANS-RAN) Qld
BSB No: 124 002
Acc. No: 22446885
Ref: (Surname) Lunch



Glam up and wear your favourite hat to our lunch



Prize for best hat

Drinks available with CARD only.

Please note we are having a BEST HAT Competition this year - we look forward to seeing you all dolled up.

RAFFLES – as per normal, there will be a large number of raffles on the day. If you would like to donate a raffle prize, please ensure the value is around the \$20, and is something you would like to receive yourself.

Raffle Tickets will be available at the door – cash is preferred

Our EFTPOS machine will be available for paying Subs for 2025.

Payments must be received by 18 October 2024

Congratulations ACNC Charity

“We are pleased to confirm that the Australian Charities and Not-for-Profits Commission (ACNC) has registered NAVAL ASSOCIATION OF AUSTRALIA (NAVY WOMEN (WRANS-RAN) QLD SUBSECTION) INC (ABN: 38649909792) as a charity. The date from which your charity is registered is 1/07/2023.”

This effectively means that we are required to send the annual financial reports to the ACNC at the end of our financial year (31 December). They will complete the reports to the Department of Fair Trading. We are NOT required to use an Auditor to check our financial reports. This free registration saves us the cost of the Auditor and the fees for the Department of Fair Trading.

AVCAT scholarships are for the children and grandchildren of Australian ex-serving veterans studying at university, TAFE, or an RTO in 2025.

Applications open on August 18, Vietnam Veterans' Day.

And remember, it's never too early to start getting your paperwork ready.

2025 Scholarships APPLICATIONS OPEN 18 AUGUST

Tertiary scholarships for the children & grandchildren of ex-serving veterans

Applications Close 31 October

avcat.org.au

avcat.org.au Australian Veterans & Children Assistance... [Learn more](#)



Navy Women (WRANS-RAN) Qld Sub-Section's Pink Ribbon Breakfast

We are hosting in memory of our loved ones to fund world-class breast cancer research and save lives.

All funds raised from the raffle at the General Meeting in October are donated \$1 for \$1 to the Breast Cancer.

<https://fundraise.nbcf.org.au/fundraisers/lorraejohnson/pink-ribbon-breakfast>

Letter from our President

Where has the last 3 months gone. It doesn't seem that long ago that I was doing my very first report for our June edition.

Although it's been relatively quiet, I do seem to be out and about all the time. From the Gold Coast all the way to the Sunshine Coast. Between Brunches, Coffee n Cake mornings and official attendances, I'm still enjoying myself. My social life has never been busier.

Our services at "Jack" have been for: The Korean War, Vietnam and Timor. Navy Women support these services and without us it would be a poor showing. BZ everyone.

I've attended along with other members of the Executive, The Victory in the Pacific, Vietnam Vets Day, Battle for Australia Commemorative Services and laid a Wreath on behalf of Navy Women Queensland. The addresses given at these events have not only been absolutely brilliant but have been personalized by the guest speaker. This certainly makes it more moving.

We have sadly lost a few of our older members through sickness, but we have had many more members recover from serious illnesses. Hopefully we can all stay that way.

Our 5 Pillars are being met by our Vice Presidents responsible for each.

Our Cadets are still benefitting from our Containers for Change initiative.

I look forward to the next few months as they are going to be as busy as we work towards our end of year functions.

I'd like to take this opportunity to thank everyone, especially the Executive members, for your support and ongoing friendship.

It's an honour.



Barb Jeffreys
President
0437 002 152
president@nwqld.org.au

Extract from *Mushroom News* - Ops Room Assoc of Aust Inc newsletter, 1 Sep 2024 – A Reflection, by Raydon Gates

What we all did learn very early was that the person who really ran the day-to-day happenings was one Leading Wran RP Barb Jeffreys; she ran a tight ship!



RANTACS STAFF 1983/4
Back Row - L-R LCDR Raydon Gates, LCDR Tony Lanigan, LWRRP Barb Jeffreys, LCDR Geoff Smith, LEUT Allen Oliver.
Front Row - L-R Librarian Heather Parry, Scientist Dr Ralph Neumann, CMDR Steve Youll, Typist - unknown.

LIFE Members



Judy Hunter

2001



Barbara Snowden

2006



Pat McKay

2007



Billie Lake

2014



Jennie Rathbone

2016



Pat Nuss

2016



Wendy Griggs

2022

Diploma of Merit

Cecelia Ashe 2001
Joy Moynahan 2012

Certificate of Merit



Liz Grimes 2021

Honorary Member for Life



Joan Gilbert 2014

(Joan is a full member of the Ipswich and West Moreton Sub-Section)

Around the Traps with Liz

Welcome to "Round the Traps with Liz". Due to illness, I was unable to attend a lot of the events during the last quarter. However, with the help of my co-editor, all is not lost. Grab a cuppa and read the adventures of our Navy women. I must apologise to all. I had almost finished my part of the newsletter, when my cat, Muffin, stood on my keyboard, and, viola, everything disappeared, and I was unable to recover my work. Yes, I will make sure I save as I go along in the future.

Commemoration

Jack Memorial Service



On the last Thursday of each month, the Naval Association of Australia (Queensland Section) (NAA(Q)) conducts a Commemorative Ceremony at the **Naval Memorial** at the South Brisbane Memorial Park, adjacent to the Ship Inn and the Queensland Maritime Museum. (459 Stanley St, South Brisbane QLD 4101)

Each ceremony highlights the services of persons who have served Australia.

The ceremonies commence at 11.00 and are open to everyone.

At the conclusion of the Commemoration, there will be fellowship and drinks at the Ship Inn, your own expense.

All are welcomed.

All Navy Women Qld members attending are requested to wear their black shirts (not T-Shirts) or white T-shirt with black jacket with white skirt/trousers. Medals and name badges are to be worn.

27 June - Gulf War – The Gulf War was an armed conflict between Iraq and a 42-country coalition led by the United States.

Operation Desert Shield, which marked the military buildup from August 1990 to January 1991; and Operation Desert Storm, which began with the aerial bombing campaign against Iraq on 17 January 1991 and came to a close with the American-led liberation of Kuwait on 28 February 1991.

25 July – Korean War - The Korean War (25 June 1950 – 27 July 1953) was an armed conflict on the Korean Peninsula fought between North Korea (Democratic People's Republic of Korea; DPRK) and South Korea (Republic of Korea; ROK) and their allies.

29 August – Peacekeeping in Timor – International Force East Timor (INTERFET) - In September 1999, the ADF led the multinational force, ensuring the safe transition of East Timor to independence in 2002. More than 5500 Australian troops were initially deployed, making it one of

the largest operations since the Vietnam War. The RAN deployed 14 ships to support the ground troops.



A group of wreath-layers who attended the Commemoration Service included members of the Korean Delegation - Korean Consul General the Hon Kim Seong-yeon, Dennis Cho President of the Korean Veterans Association and Jet Lee. Also, Patrick Ringold President of the Naval Association of Queensland.

Korean War Wreath laying Commemoration Service, held at Navy Jacks Memorial at Southbank Brisbane.

Vietnam Veterans Day

18 August – Barb and Lorrae attended the Service at the Goodna RSL Sub Branch with the Bundamba NAA Sub Section. Barb and Rip Kirby laying wreaths.



Victory in the Pacific

The “**PACIFIC VICTORY: War in the Pacific [1941 to 1945]**” Wreath laying Service, held at the Memorial Forecourt - Limbless Soldiers' Building, RSL SEQ HQ New Farm Brisbane, on 10 August 2024.

Barb attended the Victory in the Pacific service with Pat Ringold and stated it was very moving. So many dignitaries



from all over the world. The guest speaker, a Brigadier from Enogerra told of how some Aussie soldiers earned their VC's. Unbelievable! It was a great honour to lay our wreath.

Facebook pages:

Facebook pages are used for 2 main purposes, and many minor purposes. First and foremost, it advertises who we are, and therefore spreads the word on us – thus it is used for recruiting purposes, and secondly, for spreading the word of our events. The minor purposes are that it allows Navy Women to connect and to interact with each other.

<https://www.facebook.com/wrans.qld> This was and remains the MAIN page for **WRANS Qld (Navy Women Qld)**. It is a PUBLIC page. It is for publishing PUBLIC events. The administration of this page was given to Lorrae Johnson in 2018 to manage. Membership = 535

<https://www.facebook.com/groups/563214483732517> **Navy Women Qld Members** is under the Wrans Qld main page and administered by the Administrator of the Wrans Qld page. It was set up that ONLY financial members of the Sub-Section can see events and notices. A lot of the newsletters are added to this page and events for financial members ONLY. Membership = 113

<https://www.facebook.com/groups/118436646770769> **Navy Women (WRANS-RAN) Qld Subsection** is under the Wrans Qld main page and administered by the Administrator of the Wrans Qld page. It was set up for the 2022 National Reunion. Now that the Reunion is over, it has been renamed to the full name of our Sub-Section. It is mainly used for spreading the word. Membership = 1.1k

<https://www.facebook.com/groups/874766674336738> **WRANS - Where We Rest** is also under the Wrans Qld main page and administered by the Administrator of the Wrans Qld page. It was set up for research purposes of tracking and recording where Navy Women are resting. As it is part of the Wrans Qld group, it will always remain the property of Wrans Qld. Lorrae set up this private group to connect with those researching our sisters who have passed and to record their final resting place in acknowledgement of their service. Membership = 51. >>>>>>

<https://www.facebook.com/navalassociationaustraliaqld>
Naval Association Australia Queensland Section

<https://www.facebook.com/groups/88472218360>
WRANS - RAN Women Reunion Page for Past and Present

<https://www.facebook.com/groups/449535418799524>
Combined Ex Service and Serving Women Australia

<https://www.facebook.com/groups/173031016217959>
'Women of the RAN' Publication

<https://www.facebook.com/groups/723690442503952>
WRANS - RAN Women Vic

<https://www.facebook.com/groups/1051827204961850>
WRANS NAVAL WOMEN'S ASSOCIATION NSW

<https://www.facebook.com/groups/109837202983439>
WRANS-RAN Womens Association of Western Australia

<https://www.facebook.com/groups/525341479021774>
Redcliffe Naval Association - Members Social Group

<https://www.facebook.com/groups/1426762714061720>
WRANS - Naval Women's Association (ACT)

<https://www.facebook.com/groups/1153595152626661>
WRANS RAN Women SA

<https://www.facebook.com/groups/1950856955172896>
Naval Association of Australia Sandgate Sub-Section

<https://www.facebook.com/groups/48452210347>
HMAS MORETON

PROJECT – “WRANS – Where They Rest”

In April 1941, the first women started working for the Navy as members of the *Women's Emergency Signalling Corps*. On 1 October 1942, they were enlisted into the WRANS with a seniority of the day they started working for the Navy.

By the end of WWII, there were over 3,140 women who had enlisted. They were fully disbanded in 1947. A handful are still alive, in the 90ies or older.

In 1951, the WRANS were reformed, with restrictions. By the mid 1980's, the WRANS had been merged with the RAN.

AIM:

To record the final resting place of every woman who has served in the Australian Navy, whether as WRANS or RAN since 1941, anywhere in the world, buried, cremated, scattered to the Oceans or Winds of the world.

Lead Researcher: Lorrae Johnson (database)
Researchers: Joan (Reynolds) Henstock;
Tania Beaumont (SA);
Carol Mills (NQ);
Assist Researchers: Patricia Collins (Q);
Rebecca Joy (SA)

At least three of us are published authors with a solid history of research:

The Project was commenced in January 2024, and to date, we have over 1,000 names of WWII Service Women, over 80 Post War era and nearly 30 Modern era Wrans/Sailors in the database, resting in various countries including Canada, Hong Kong, India, Netherlands, New Zealand, UK, USA and Zimbabwe, numerous cemeteries (including five in the Arlington National Cemetery USA), and many dates or places of death without any idea of where they are resting.

We know of many more, that we have not had the time to add to the dataset, and all help is appreciated.

Lorrae Johnson (nee Owens)

Nebula Print is a one stop company for all your print collateral needs, Competitive pricing, Quality printing delivered to your door on time every time. **Darin Ross** is highly recommended for the printing of “From Then Until Now” in time for our February 2023 luncheon.

darin@nebulaprint.com

Camaraderie

Over the past three months, Navy Women again met at various locations to share fellowship with each other and our fellow sister services. Navy Women met at the Gold Coast (where recently the first whale was sighted) and Western Suburbs meeting at various places for camaraderie and lunch. Navy Women met on the Sunshine Coast, Bribie Island and Morayfield to swap stories with their Army and Air Force sisters.

All Navy Women are welcome to meet at the below venues for a few good laughs and lunch. We usually wear our black shirts so we are easy to find.



Marg, Judy, Kaye, Hannah, Sandie and friend, Phyllis, Barb and Lorrae following the Jack Memorial Service on 25 July.



29 August say a large group of people staying for the Camaraderie at the Ship Inn. Navy Women include Liz, Lorrae, Kaye, Judy, Marg, Bernie and Barb

Ex Service Women's Church Service



27 June – CESWA Ex Service Women's Church Service



< Liz on the Church's steps >

Strawberry Farm

On 26 July, we had an outing to the Strawberry View Coffee Shack in Stern Road, Bellmere. We loved it so much we went back on Tuesday 3 September.



26 July – from each end



3 September – Sandy, Barbara, Liz, Helen, Cathy, Sammie, Pat, Barbara, Paul, Anita, Lorrae.

<<< The Counsel of Ex-Service Women's Association held their annual Church Service at the Albert Street Uniting Church in the city.

The numbers were down from previous years, many either recovering from illness or were away on holidays. Commander Rosemarie Apikotoa, Commanding Officer of HMAS Moreton, represented the navy. A light lunch was held after the service.



< Liz on the same steps when she was about 2 years of age.

Western Suburbs Lunch

Western Suburbs – first Saturday of the Month – 11am
 Club Parkview, Goodna Oct
 CSI, Ipswich 9 Nov
 Thirty-Seven Café Dec
 Contact Lorrae Johnson

On **1 June**, the Navy Women met at Jim's Café, in the Wounded Heroes at Bundamba. The Ladies enjoyed some 'pre-loved' shopping in the expanding shop, whilst enjoying the quietness. This café has been improving in recent years, and will continue to improve as the premises are established. The Military memorabilia has increased since our last visit as has the choice of food.



Barb (Navy Women Qld) and Sandie (Ipswich & West Moreton Sub-Section)



Mary, Marie, Barbara, Robyn, Lorrae, Barbara, Jan & Barb

The July lunch saw the women return to Moselles Café + Restaurant at Springfield Lakes.



Mary, Diana, Lorrae, Jan, Marie, Barb, Robyn, Barbara, Liz

On the 3 August, we revisited Chapters Book Shop, Cafe and Wine Bar at Karalee.



Barbara, Robyn, Lorrae, Mary, Sandie, Barb, Liz, We missed Pat, Letty, Jennie, Bernadette over the winter.

Gold Coast Brunch

Gold Coast – Third Tuesday of the month – 10am
 Cafe Michigan Oct
 Southport Sharks Nov
 Tallai Golf Club Dec
 Contact Sylvia Manners

The Gold Coast ladies enjoyed their monthly lunch or brunch at various venues on the Gold Coast. Many ladies from around Brisbane take the journey down to the venues. In June, 15 ladies gathered at 3 Sixty Restaurant Bar at The Grand Hotel and took up two tables.



June, Lorraine, Glenda, Jacki, Anne, Sylvia, Barb, Jan, Liz, Di, Gayle, Lorrae, Barbara, Wendy,

Barbara, Barb, Lorrae and Diana. The July, we celebrated



"Christmas in July" at Globe Trotters Travel Café. This has proved to be a popular event. The day was very cold and the Op Shop made some sales of lap blankets, which were donated back afterwards.



Barbara, Anne, Glenda, Lorrae, Jackie, Sylvia, Jan, Diana, Cathy, Lorraine, Di, Barb, Rhonda, Gayle

In August, we revisited the Cruize Espresso at Labrador



Lorraine, Lorrae, Wendy, Jan, Gayle, Di, June, Sylvia, Jackie, Barb, Tania and Glenys (Glenda arrived late)

Community

Bribie Island Ex-Service Women Luncheon

Bribie Island Ex-Service Women Luncheon—
Fourth Monday of the month at the Bribie Island RSL
Contact Anita Cooper.



24 June - Navy Women include: Anita, Liz, Catherine, Sandy, Judy, Sylvia, Jackie, Marion, Margie & Lee.



22 July - Navy Women include: Anita, Liz, Jan, Sandy, Barb, Judy, Lorrae, Barbara, Denise, Margie, Paula.



26 August - Navy Women include:
Liz, Anita, Jan, Bernie, Lorrae and her mum Bev, Judy, Paula, Sandi.

Sunshine Coast Morning Tea C&C

1 August



Lorrae and Barb finally caught up with Ingrid



Navy Veterans trying for a selfie

Community

Sunshine Coast Ex-Service & Serving Women's Association (SCESWA)

The SCESWA hold numerous C&C mornings at various sites, and many of our members attend.

We wear our shirts so we are easily identified amongst our sisters, and many reconnections have been made.



Sunshine Coast Ex Service Women's C&C
Maroochy RSL Gardens Annual Wreath Laying 7 Nov

The SCESWA held their annual birthday party on 6 June at the Maroochy RSL. As the day was Queensland Day, the theme was something Queensland. Many turned up in Qld Origin colours, Brisbane Broncos colour, banana, and other Qld Themes. Each place had a paper Pineapple filled with 'bananas and strawberry' lollies, which the guest all enjoyed the thoughtfulness of the organisers. Toward the end of the event, everyone sang the Veterans Hymn. The sound of the ladies singing the song sent shivers down the spine of many a lady. It was then time to go home to Brisbane, Caboolture, Bribie Island, Bundaberg, Hervey Bay and, of course, the Sunshine Coast. What a great day it was. BZ (well done) to the Sunshine Coast ladies.



Navy Veterans celebrating Queensland Day at the Annual Birthday Party.



On 1 July, 2024 Moreton Flotilla, which managed 16 cadet units from Redcliffe South to the Tweed River and West to Stanthorpe was divided into two Flotillas, with 8 cadet units in the Greater Brisbane area North of the Brisbane River remaining with Moreton Flotilla, and eight cadet units incorporated into the newly raised Gallipoli Flotilla all located South of the Brisbane River.

On the same day, NTS Oxley was raised, located at Laidley RSL Sub Branch premises, after a lot of organisation by the CO, LEUT Adam Brown ANC. Jennie and I drove out to Laidley for the NTS Oxley Open Day. This was well supported by local area VIPs, RSL representatives plus many staff and cadets from TS Ipswich and TS Toowoomba and the new Gallipoli Flotilla Commander, LCDR Max Condon ANC. NTS Oxley is thriving with around 19 cadets and three Defence Approved Helpers (DAH) who, once they have completed required training can be promoted to MIDN.



LEUT Adam Brown, VP Pat Nuss, LCDR Max Condon,

Please contact me if you would like more information.

Pat Nuss
NAA(Q) Vice President (Cadets)
Mobile: 0439 674 199
Email: patrician@netspace.net.au

<https://www.navycadets.gov.au/>
Service, Courage, Respect, Integrity and Excellence

WHAT ARE THE BENEFITS OF JOINING THE AUSTRALIAN NAVY CADETS AS A STAFF MEMBER?

As an Australian Navy Cadet Officer/Instructor you will hold a privileged position and one that has high community expectations. You will be able to build rapport with your cadets and be a valuable part of their growth and development as well as being a valuable part of your community.

WHAT ARE THE REWARDS OFFERED TO NAVY CADET STAFF?

Australian Navy Cadet staff receive an allowance for their service in the Australian Navy Cadets.

- * 48 days pay (taxed)
 - Approximately \$125 per day
- * Superannuation
- * Free uniforms supplied by Navy
- * Opportunity for promotion
- * Training
- * Interstate travel
- * International Travel (exchange program)
- * A huge variety of activities
- * Discount to Navy Health membership
- * DEFCOM discount shopping

Containers For Change (C4C)

We are raising funds for the Cadets through *Containers for Change*. We have a separate account, and the funds raised each year are distributed in April and May the following year as a donation for their ANZAC Day Services.

Our account number is **C10236300** and all donations gratefully appreciated.

Be A Change Maker



Barcode for **C10236300**

Our Sub-Section has stored a PA System for many years. The PA System was donated to TS Brisbane, and handed over to Cath Leung who is a volunteer at the ANC Training Ship.

This year, **our Sub-Section donated \$250 each to four ANC Training Ships:** TS Diamantina; TS Walrus; NTS Gympie; and NTS Vengeance in recognition of their ANZAC Day Services.



Barb presenting the cheque to NTS Vengeance

On 6 March, the Executive attended a Passing Out Parade at TS Brisbane. The cadets ranged from a new Recruit through to the experienced 17 year old who was passing out and leaving the Training Ship.



Cadets being inspected



Lorrae, Bernie, Judy & Barb viewing the parade

Care with Liz

Ex-Service ladies from the Navy, Army and Air Force gathered at various venues for lunch at the Caboolture Sports Club, Morayfield, Bribie Island RSL, The Local at Beerwah and the Sunshine Coast at various venues for C'n'C. It is great to mingle with the other services as there is a great camaraderie and (friendly) rivalry between each service

Glasshouse Country Women United by Defence

Second Wednesday of each month at The Local, Beerwah, which is owned by a Navy lady.

12 June 2024



Caboolture Ex-Servicewomen's Lunch

Second Monday of each month

10 June 2024



12 August 2024



Transportation

The Sub-Section has a Welfare/Wellbeing account separate to our operational account.

We will pay for a **taxi fare** to our meetings and gatherings.

We have a debit card and will pay for your travel on arrival. Alternatively, you may pay for the travel and present the receipt to the Treasurer for reimbursement.

Please arrange with the Secretary a few days prior.

News from NAA(Q) minutes:

King Charles III has accepted our request to be our Patron.

Volunteers:

A news report in the Vetaffairs newspaper (Aug'22) provided by the new minister for Veterans' Affairs & Defence Personnel. Two paragraphs from his message:

"We are very lucky in this country that Australians are willing to come forward and support others in their community through volunteering. The recent Census tells us that veterans are more likely to volunteer and often they continue their service by helping other veterans as an advocate.

I'd encourage those of you who would like to continue your service to consider training to become an advocate. Contact your local ESO, which can arrange to have you sponsored to receive that training. I would also encourage anyone in the veteran community who would like the help of an advocate to visit the Advocacy Register website at www.atdp.org.au"

Facebook

We are always on the lookout for sub-section activity with photos and especially the words, a short story. Please forward to Jim O'Connor at facebook@navalassocqld.org.au for inclusion on the State Facebook page. When emailing photos please send them as attachments.

For those who have not seen the Facebook page it is at <https://www.facebook.com/navalassociationaustraliaqld/>

Newsletters/Magazines

The White Ensign Magazine and the Bosun's Call is just a click away on the National website : <https://navalassoc.org.au/>

Australian War Widows was established in 1947 to protect the interests of war widows and to provide friendship, comfort and support to its members throughout Queensland. <https://www.warwidowsqld.org.au/>

Legacy was established in 1923 for the partners and the children of those who gave their lives or their health for our country. They provide the essential social, financial and developmental support that these families depend on each day. <https://www.legacy.com.au/>

Kookaburra Kids Foundation

Program for Current and Former ADF Families

The program dedicated to supporting the unique needs of children from serving and ex-serving ADF families has been made possible by the Australian Government. <https://kookaburrakids.org.au/defence-program/>

"End of Life" Presentation Aged Care & Grief; Dying; Palliative Care; VAD; Death; Funerals.

Here we are in September, the year is rushing towards Christmas. Not that we want to hear that. The sedate pace I envisaged for my retirement is yet to happen. I am in a marathon this year. One highlight has been arranging activities for the Navy Women Qld at Geebung.

Depending on colds, viruses and the number of intrepid cruisers and travellers in our ranks a core group of thirty odd attend each month.

After the raffles and the close of each meeting we share an afternoon tea, sponsored by the raffle and Wellbeing funds. It is wonderful being able to sit around and connect with such a bright and cheerful bunch of women.

For our September activity we held a Games Day, a game of skills and cognitive ability. Everyone was out to gain their highest scores as they played quick rounds of Yahtzee, Scrabble, Bulls Eye and Memory. The most laughs for the day were heard from the Memory table, where the challenge was to find that matching jack someone just turned over. The biggest challenge was the Yahtzee as the rules were a bit difficult to grasp.

Thankfully, Anthea turned out to be one person who had played the game and was able to smooth ruffled feathers.

After coffees and cake were consumed the afternoon was topped off with a game of Trivia. Who will ever forget that a group of flamingos is known as a “flamboyance”

Pat McKay was the overall winner on the day with a magnificent score of 176.

Ahead of us is Pink Day in October. This is our yearly donation to the Breast Cancer “Biggest Morning Tea”. On the 16 October is Veterans Health Week, funded by DVA, emphasising the mental health gained by social interaction we will be enjoying fun and games and lunch at the Brisbane Botanical Gardens.

Then its November and our last Annual Lunch at Tattersalls. Quickly followed by our Christmas lunch with Mrs Santa, then the year will be at an end. Phew!!!!



Contact Details

Please feel free to text me a message at 0432227181. Leave your name and number and I will get back to you. I don't always have my phone on me, as many of my friends can attest to. I will respond once I look at my phone.
Wellbeing@NWQld.org.au

DVA Assistance

MyService is a way to manage your business with us online. You can sign in to submit claims and view their status, book transport and more.

Sign in to your **myGov** account which is a simple and secure way to access government services — including **MyService** — online in one place.

With a linked **MyService** account, you can also add your Veteran Gold or White Card to the myGov wallet in the myGov app.

- Claim travel expenses for medical reasons!
- Book transport for medical appointments
- Request a review of a decision
- Update your accommodation costs
- Update your correspondence preference
- Apply for incapacity payments
- Update your incapacity claim
- Complete your incapacity annual review

You can call DVA between 8am and 5pm, Monday to Friday.

1800 VETERAN (1800 838 372)

<https://www.dva.gov.au/myservice>

Exercise and mental health

🔊 Listen

🖨️ Print

Summary ↓

- People who exercise regularly have better mental health and emotional wellbeing, and lower rates of mental illness.
- Exercise is important for people with mental illness – it not only boosts our mood, concentration and alertness, but improves our cardiovascular and overall physical health.
- Exercise doesn't have to be strenuous, structured or take a long time to have benefits.
- Any exercise is better than none, but experts recommend adults should be active most days, aiming for a total of 2.5-5 hours of moderate physical activity, or 1.25-2.5 hours of vigorous physical activity per week.

Royal Commission into Defence and Veteran Suicide has handed down their Final Report – seven volumes.

Volume 1 of the Royal Commission into Defence and Veteran Suicide final report includes the executive summary and **our 122 recommendations**. It also sets out how we conducted our inquiry, describes our trauma-informed approach, and introduces our three commissioners.

Recommendation 7: Increase employment opportunities within the ADF for members who cannot be deployed due to illness and injury

Recommendation 66: Where possible, support injured members to be rehabilitated at work, within their home unit.

Recommendation 71: Increase DVA's fee schedule so it is aligned with that of the National Disability Insurance Scheme. (NDIS)

Recommendation 80: DVA to take responsibility for supporting members to transition out of the ADF.

Recommendation 81: DVA to fund a program to support members' wellbeing during transition to civilian life

<https://defenceveteransuicide.royalcommission.gov.au/publications/final-report>



Outgoing Commanding Officer HMAS Hobart, Commander Tina Brown, CSM, RAN shakes hands with incoming Commanding Officer HMAS Hobart, Commander Alisha Withers, RAN during a ceremony on board HMAS Hobart on return to Sydney after the completion of a Regional Presence Deployment.

Photo POIS Matthew Lyall



Diana & Barbara celebrating

REUNIONS

ACT WRANS Memorial Service – Saturday 19 October 2024

The annual WRANS Memorial Service at HMAS Harman will be held on Saturday 19 October 2024 commencing at 1100 and followed by refreshments in the Bonshaw Mess afterwards.

If the weather permits, the service will be held at the WRANS memorial, just inside the main gate. Otherwise, it will be held in the Bonshaw Mess as we have been required to do on the last two occasions.

Navy Women Tasmania 2025 Reunion

Wrest Point Hotel Casino, Friday 14th - Sunday 16th March 2025.

All events are open to *past and current serving ladies* only

Enquiries/Registration Forms to nwtas25@gmail.com

Your Wellbeing

Please let our Wellbeing Officer know if you are not well, especially if you are going to hospital, or if you are dealing with a problem.

We practice support through friendship and camaraderie. If you just need to talk to someone, call any committee member, or one of our ladies.

Don't bottle it up, we do not have the answers, but we have an ear to listen whilst you think out your options.

Sometimes, a chat over a coffee is more beneficial than you may realise, so please, always feel welcome to join any of our groups.



Kaye, Barb, Michele, Liz and Christine

On the 14 June, Navy Women supported one of our sisters at her husband's funeral. Vale Phil Chapman.

Merchandise for Sale to Financial Members only

Stores@nwqld.org.au

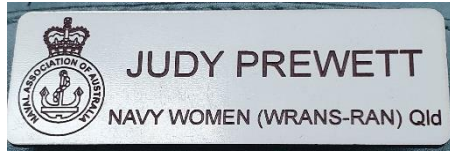
Navy Women (WRANS-RAN) Qld has a 'uniform' so that we can present a uniform appearance when gathered as a group.

White Hats are a non specific brand of Panama style – acquired from various department stores – Kmart, Target, etc

POCKET BADGE with magnets for Jacket >



^ **TALLY BAND**



NAME TAG with your name and our brand ^^

Formal Occasions:
(Funerals; ANZAC Day)
White skirt, pants or dress, worn with the white shirt, black jacket with the magnetised pocket badge, and white hat with our Tally Band.

Shoes to suit.

Alternatively, the black blouse can be worn in lieu of white shirt and black jacket.



POLO SHIRTS with EMBROIDERY on right side



AUSSIE PACIFIC POLO SHIRT with EMBROIDERY on right side

Informal Occasions:
(Coffee mornings, bus trips, social gathering)
Black tops with your choice of bottom half.

Wearing of medals:
Large medals are worn for events that commence in the day time;
Miniatures are worn for events that commence at night;
Ribbons are worn during the day for non-Ceremonial events.



BIZ OASIS button front SHIRT with EMBROIDERY on right side

Orders for shirts and name tags take 3 weeks.
Payment must be received before orders are placed.

For details of price, and to place orders, contact:
Judy Prewett on 0419 877 594 or email Stores@nwqld.org.au



Vale

We have received news from interstate, and the notices are included in their Newsletters which are shared via email. We will report the loss of our sisters when we are advised.

Janet Kay CARLSON (nee BUTLER) R85429
20Dec1943-05Aug2024 Served 23Mar1962-06Jun1963

Thelma Frances CURRAN WR4235 Sister Carla
18Aug1929-06Sep2024 Served 10Mar1952-09Mar1956

Annette Mavis GALLON (nee DRANSFIELD) W86224
06Mar1948-26May2024 Served 10Jan1966-02Dec1967

Margaret GREEN (nee ISDALE) WR/4201
17Oct1932-17Jul2024 Served 22Feb1952-05Aug1953.

Jocelyn Mary KELSO (nee SMITH) WR/2027
10Sep1925-01Aug2024 Served 17Apr1944-23Jul1946

Avis Nettie KENNY (nee SHEARER) WR/456
02Feb1924-03Jul2024 Served 29Dec1942-20Feb1946

Patricia Mary KORNIÉ (nee MOONEY) WR/2118
05Dec1925-11Mar2024 Served 7Jun1944-13Mar1946

Hazel Annie MORTENSEN (nee COCHRANE) WR/1753
13Jul1924-03Feb2024 Served 16Sep1943-05Apr1945

Phyllis Marjorie TASSICKER (nee IRVING) WR/707
30Jan1923-15Apr2024 Served 08Feb1943-12Mar1946

Kerry POPE Class 121 of September 1970. Died in NSW
in August 2024 – waiting further details.

Please let us know of the death of any Navy Woman - member or not; from any state and we will mention them in the next newsletter.

Vietnam Veterans Day

Australia's involvement in the Vietnam War began with a small commitment of 30 Military advisors in 1962 and increased over the following decade to a peak of 7,672 Australian personnel following the Menzies Government's April 1965 decision to upgrade its military commitment to South Vietnam's security.

Australia's participation in the war was formally declared at an end when the Governor-General issued a proclamation on 11 January 1973.

Vung Tau Ferry

As the overall role of Australia's military increased in Vietnam so did the involvement of the RAN. The converted aircraft carrier HMAS SYDNEY had been transporting Army personnel and equipment from Australia to Vietnam since May 1965. This ship was to become a familiar sight and temporary home to some 16,000 Australian military personnel as they deployed to Vietnam or returned to Australia. Because of these trooping runs SYDNEY was affectionately known as the 'Vung Tau Ferry'.

<https://www.vvaa.org.au/ran.htm>

Sick Bay

Please let us know if you are unwell, or in hospital, and we may be able to organise a visit to cheer you on.

Our thoughts and prayers are with anyone spending time in Sickbay or Hospital.

Jenny Bell was a regular attendee at our events and has not been able to attend events for some time. Jenny is doing well and has sent her best wishes to every-one.

Judy Henderson-Place is recovering well and is looking forward to returning to our events.

Noala De Silva was admitted to Royal North Shore Hospital after "suffering from an Aortic Dissection. She has had major surgery and is showing great progress in her recovery". She is now recovering.

Coral Donnelly (class of 63) has been ill and is recovering well and providing more stories on the bears.

Joan Alden is recovering from a recent operation.

New Members – Welcome Aboard

BILLAUT Virginia Dominique-Annie nee **Loft** W139309. Virginia joined 9 March 1987 as an ABMEDO. Virginia served at HMA Ships Cerberus, Albatross, RAAF Laverton, Lonsdale, Defence Centre Melbourne and was part of the first Crew on the Young Endeavour. Virginia discharged 4 November 1997 and served as a Fulltime Reserve from 4 November 1997 to 2003. Virginia rank on discharge was LSMEDO. Virginia is joining Navy Women Qld as a FULL member.

JACKSON Barbara nee **Farnsworth** W107264. Barbara joined 13 April 1970 as a WRSV serving on HMA Ships Cerberus, Penguin and Albatross. Barbara was discharged 12 April 1974 and her rank on discharge was SWRSV. Barbara is joining as a SOCIAL Member (subject to Partnership Membership at Ipswich & West Moreton Sub Section).

HITZKE Veronica Joyce nee **HIBBETT**, WR/1539. Vonnie joined on 22 June 1943 as an Assistant Supply Assistant, and was discharged engagement expired at the end of WWII on 26 February 1946 as a Supply Assistant. Vonnie celebrated her 100th birthday on 19 July 2024 and joined as a SOCIAL member, being a full member of the Sunshine Coast Sub-Section.

ROBERTSON Alexandra Maegan nee **Pace** 8613165 Alexandra joined 1 May 2015 serving on HMA Ships Adelaide and HQ Australian Amphibious Force. Alexandra discharged as a Leading Seaman on 19 January 2022 and is joining as a FULL Member.

COLEMAN Kim nee **Wilson** 8093299. Kim was a member of Navy Reserves from 12 March 1991 to 16 January 1994 as a SBLT. Kim joined the Navy on 17 January 1994 as a LCDR serving on HMA Ships Kanimbla Flinders and Adelaide and various shore establishments and is joining Navy Women as a SOCIAL Member.

Calendar of Events 2024-25 – subject to changes

| Date | Event | Notes |
|---------------|--|---|
| 10 Oct | CESWA Bi-monthly GM | Delegates attend |
| 13 Oct | Navy Women Qld GM Geebung RSL | Breast Cancer Fundraising WEAR PINK |
| October | Hervey Bay Birthday weekend | |
| 17-19 Oct | All Navy Reunion | Sunshine Coast |
| 31 Oct | Service @ Jack Southbank | HMAS Sydney II – CAPT John Cowan RAN |
| 2 Nov | Navy Women Annual Reunion Luncheon | Tattersalls Club Brisbane |
| 10 Nov | Navy Women Qld OGM | |
| 11 Nov | Remembrance Day Service | |
| 21 Nov | NAA(Q) State Council meeting 10.00 am | <i>Geebung RSL – every-one welcome to attend</i> |
| 28 Nov | Service @ Jack Southbank | Cyclone Tracey |
| 1 Dec | Navy Women Qld GM Geebung RSL | Xmas Party First Sunday... |
| 12 Dec | CESWA Bi-monthly GM | Final meeting for 2024 |
| 2025 | | |
| Feb | Service @ Jack Southbank | Honouring HMAS Voyager (II) Lost Crew |
| 9 Feb | Navy Women Qld AGM & OGM Geebung RSL | Geebung RSL - First meeting for 2025 |
| 13 Feb | CESWA Bi-Monthly OGM | Delegates attend |
| Feb | NAA(Q) State Council meeting | Delegates attend |
| End Feb | Navy Week | HMAS Moreton |
| 27 Feb | Service @ Jack Southbank | RAN Navy Week Hosted by HMAS Moreton: |
| 9 Mar | Navy Women Qld OGM Geebung RSL | |
| 14-16 Mar | WRANS-RAN National Reunion - Tasmania | |
| Mar | NAA State Conference – | Delegates attend – everyone invited |
| 27 Mar | Service @ Jack Southbank | |
| 10 Apr | CESWA Bi-Monthly OGM | Delegates attend |
| 12 Apr | CESWA Tri-Service Luncheon Geebung RSL | Singing Competition |
| 13 Apr | Navy Women Qld OGM Geebung RSL | Easter Bonnet |
| 18 Apr | Good Friday | Happy Easter |
| 25 Apr | ANZAC Day 0600 Service at St John's Church Northgate Corvettes Assoc Service Newstead 0930 Parade in Brisbane City | Formal Uniform Ship Inn After March |
| May | Victory in Europe Service 08May1945 | South-Eastern District RSL New Farm |
| 18 May | Navy Women Qld OGM | 3 rd Sunday due to Mother's Day date |
| 29 May | Service @ Jack Southbank | |
| 5 Jun | Sunshine Coast Ex-Service and Serving Women's Assoc Inc Luncheon Maroochydore | Civilian dress with name tags |
| 8 Jun | Navy Women Qld OGM Geebung RSL | |
| 12 Jun | CESWA Bi-Monthly OGM | Delegates attend |
| 26 Jun | Service @ Jack Southbank | |
| 5-6 Jul | Reserve Forces Day Wondai | |
| 13 Jul | Navy Women Qld OGM Geebung RSL | |
| 24 Jul | Service @ Jack Southbank | |
| Jul | CESWA Annual Church Service | Formal Uniform |
| 26 Jul | Korean Veterans Day | |
| 10 Aug | Navy Women Qld GM Geebung RSL | |
| 14 Aug | CESWA AGM and GM | Delegates attend |
| Aug | Victory in Pacific Day 15Aug1945 | South-Eastern District RSL New Farm |
| 18 Aug | Vietnam Veterans Day | |
| 28 Aug | Service @ Jack Southbank | |
| 3 Sep | Battle of Australia Commemoration | |
| 10 Sep | CESWA Commemoration to Service Women of Aust | Women's Memorial Pine Rivers Kallangur Formal Uniform |
| 14 Sep | Navy Women Qld OGM Geebung RSL | |
| 13 Sep | NAA Golden Rivet 2025 | CSI Ipswich – Hosted by NAA State |
| 25 Sep | Service @ Jack Southbank | |

First Saturday of each month
Third Tuesday of each month
Fourth Monday of each month
Last Thursday of each month

Western Suburb Lunch
Gold Coast Brunch
Bribie Island Lunch
Jack Memorial

Bribie Island RSL Social Cafe
Ship Inn, South Bank

Meeting Times

Navy Women Qld meetings are held on the **second Sunday of every month****,
1200 to approx. 1400
Geebung RSL Club
 (323 Newman Road, Geebung - near the Geebung Railway Station)
**** Except May, when it is the third Sunday of the month (not Mother's Day) ****
December is 1st Sunday

Arrive by 11am to socialise with your sisters before the meeting - stay afterwards for lunch/afternoon tea, subsidised by Welfare.



Email us your Updates & details of Payment

Event:

Special Diet:

Subs : Full Membership \$40 pa
 Social / Club Membership \$15 pa.
 No more than a maximum of 3 years in advance.

Amount paid:

Date paid:

Name:

Address:

.....

Phone Number:

Email:

Please advise if your next of kin details change.

Bank Details:

Bank of Queensland
 Name: **Navy Women (WRANS-RAN) Qld**
 BSB No: **124 002**
 Account No: **22446885**
 Refence: **Surname reason/event**

December Newsletter Deadline

Deadline for next newsletter is 30 November 2024.
 Please send your stories and photos to:
Editor@nwqld.org.au and include
Treasurer@NWqld.org.au
Newsletter@NWQld.org.au

FEEs for 2025 are due

PLEASE NOTE: The NAA National Council has raised the Full membership fee **from 2024**.

Membership Fees: From 2024

<https://nwqld.org.au/membership.html>

| Membership Type | Annual Fee |
|-----------------|------------|
| Full | \$40 |
| Social | \$15 |
| Club | \$15 |

A one-off Joining Fee of \$5 is required for Full and Club members on joining.

FACEBOOK

Under the Events tab of our Facebook page, I attempt to add every event that I am aware of that is open for us to attend. Please check them out.

<https://www.facebook.com/wrans.qld/events>

If you are a financial member, there is an events tab in our Members Only page – with other events.

<https://www.facebook.com/groups/563214483732517>



Poppy Service

If you wish your service to our country to be recognised at your funeral, you need to let your funeral director or your family KNOW. It is your family who ask the Funeral Director to arrange to have the Poppy tribute. We cannot interfere with your service.

Smell Free

In 2022, we voted not to wear strong smelling perfumes to our meetings. Perfumes affect the health of many members, so please be considerate of our sisters when you are preparing to attend any functions.