



BUNDABERG DISTRICT WOMEN VETERANS
Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION

Chests Out

Women Veterans, proud to have served our nation.
05/2024 MAY



Leading the ANZAC parade, Bundaberg 2024

CHESTS OUT—proud female veterans staying in touch for 57 years

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670

PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: <https://bundywomenveterans.org.au> **FACEBOOK:** Bundaberg District Women Veterans Inc

E-MAIL ADDRESSES: secretary@bundywomenveterans.org.au

admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au
events@bundywomenveterans.org.au

BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M
See website for constitution, by laws, business plan and other important documents.

MEMBERSHIP:: Service Member \$10; Associate \$15 per year. You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments—contact her to check your status.

Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form

Bundaberg District Women Veterans

COMMITTEE 2024-25

Patron: Leone Wilson OAM

EXECUTIVE MEMBERS

President: Sheryl Parker 0423 393 151
sherylwoz@gmail.com

Vice Pres.: Jenny Waldron 07 4157 4621 0487 302 114
jenny.waldron@outlook.com

Secretary: Faye Chatham 0419 194 701
bundywv@outlook.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014
sharonbarsby1@outlook.com

COMMITTEE MEMBERS

Angella Hillis CSC 0400 422 331
hillis.wa@gmail.com

Kay Littler 07 4159 1881 0427 695 167
(Assistant Treasurer) pdk7@dodo.com.au

Annette Newsham 0407 581 935
annettenewsham@yahoo.com.au

Lynne Pollock 07 4151 7795 0438 517 795
lynne.pollock21@outlook.com

Leone Wilson OAM 07 4159 4134 0427 415 946
(Assistant Secretary) leonewilson@outlook.com

Who to contact:

Financial issues:	Treasurer
Membership:	Secretary/Assist Secty or President
Activities:	Activities Officer
Bookings:	as advertised or Treasurer
Outback 2024 tour:	Jenny Waldron or Lorraine Houlihan
Policy, Procedures	Jenny Waldron or Leone Wilson
Strategic Planning	President

General Appointments

Activities:	Jenny Waldron + Glenda Everton-Brocklesby, Dot Carrol.
Assist. Secty	Leone Wilson, + Jeannie Roberts
Awards:	President, Vice Pres, Shirley Watson, Leone Wilson
Commemorations:	Angella Hillis+ Jenny Waldron, Dot Carroll
Communications & Promotions:-	Leone Wilson
Financial Auditors	Kay Littler, Lynne Pollock
Fundraising:	Sharon Barsby + Lynne Pollock, Kay Littler
Grants:	Jenny Waldron, Kay Littler, Sharon Barsby
History:	Leone Wilson
Legacy Liaison:	Angella Hillis, Lynne Pollock
Library:	Annette Newsham, Dot Carroll
Newsletter :	Leone Wilson + Jeannie Roberts
OnO coach 2024	Jenny Waldron, Lorraine Houlihan
Property Officer:	Lynne Pollock + Sharon Barsby
RSL Liaison	Dannielle Brearley + Gloria Kilpatrick
Social Media:	Jeannie Roberts, + Jenny Waldron
Ten Pin Bowls:	Lynne Pollock
Website:	Jenny Waldron + Faye Chatham

Wellbeing Support Officers (WSO):

Ethel Bourke (<i>The Lakes Village</i>)	0428 881 487
Jenny Waldron	4157 4621
Shirley Watson (<i>Pioneer South</i>)	0408 460 951
Leone Wilson (Wellbeing Officer)	4159 4134

Current Life Members

Leone Wilson OAM
Shirley Watson
Kay Derome
Jennifer Waldron
Sharon Barsby

HOW TO PAY:

Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. Westpac Bundaberg: **BSB 034122 A/c 637419**

PLEASE INFORM SECTY or TREAS.

CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money.
If you need a receipt let the treasurer know.

Behind the news, May

HOT WATER WARNING

Most of you are already aware of the spitting hot tap at the Lodge; there is also a notice on the window blind.

Committee/key holders are being asked to relieve the pressure on the hot water when opening the Lodge for our use.

Members, please check that this has been done prior to using the hot water tap.

GENERAL MEETING

So many folk were away hopefully enjoying themselves, or, unfortunately, unwell so we were short of a quorum for the general meeting.

Those who were present made good use of the time getting the latest updated information.

Members are reminded, again, that the general meeting commences at 1300 Hrs (1 pm).

APRIL COMMEMORATIONS

Commemorations Officer Angella Hillis thanks all members involved in the busy April commemorative activities.

Shirley Parker and Shirley Watson attended Tobruk Sunday, and a number of members were at Salute to Servicewomen Quiet Moment and lunch.

Anzac Day, Shirley Watson placed a tribute at our plinth; the two Shirley's and Helen Baldwin attended Bundaberg Dawn Service and Faye Chatham, was our rep at Barga Dawn. Gloria Kilpatrick represented at Moore Park Beach and the afternoon Burnett Heads parade and service were attended by Leone Wilson, the two Shirley's (again), Helen Baldwin (also again) and Del Crowley.

We led the parade! We had a good contingent for our pride of place for the Bundaberg parade. We were led by banner carriers Sharon Barsby and Gloria Kilpatrick behind placard carrier Aliyah Woznitza accompanied by Lola Woznitza.

Adding to the honour of leading the parade was having our past president Jenny Waldron take the salute and the cherry on top was our member, the newly elected mayor of Bundaberg Region Helen Blackburn standing next to Jenny.

War Nurses Service. The 'stand out' at War Nurses was the willingness of

all hands being on deck to assist. We, together with our usual supporters and guests, produced yet another meaningful tribute to Australian defence nurses. Thank you to everyone involved, a big effort. Special thanks to CO Angella.

ACTIVITIES

Please check pages 6 and 7—and note the RSVP dates.

Members going to the Sunny Coast Thu 6 June have all confirmed their booking with payment.

Theme for the luncheon is Queensland Day. If you are tall, skinny and have a pretty face, wear green and

go as a Qld orchid. (I miss out there)

Reminding you that the coach departs Bundaberg Coaches, Verdant Siding Road, Thabeban at 0700 Hrs (7am or 6 bells). Please arrive before that time. Anticipated time home is 1800 Hrs.

Bookings are open via the clipboard for our July birthday which has the pirates and pixie theme—a pixie I am not, so trouble for me again.

Winter and line dancing go together so warm up the limbs with mates. Details page 6 and also page 5.

And more fun can be had at ten pin bowls—details same-same.

WELLBEING

Members finding themselves in hospital should let one of our WSO's or committee members know if you wish us to contact another member who may be in a position to visit you.

We don't have a dedicated hospital visitor and we believe in some cases hospitals prefer that there is a limit to association visitors. It seems RSL are covering most veterans when known.

Please also remember that we can't tell everyone that you are unwell or in hospital unless you give us authority to 'spread the word'.

Likewise, we are not permitted to provide your mobile phone number or your email address without your prior

permission.

That being said, where possible our very small team of WSO's will follow up as best able.

Best advice is, stay well and healthy (if only!)

Take care.

Leone

Hervey Bay shares Friendship May

Friends are the Flowers in the Garden of Life

MAY is National Volunteers' Month

Our team of workers

Work is not limited to the following—volunteers are welcome!

COMMITTEE MEMBERS

SHERYL PARKER	president/chairperson; chairperson strategic planning; awards; COP liaison and ex-officio all sub committees.
JENNY WALDRON	vice president; chairperson policy and procedures; activities officer; awards; commemoration assist; grants; Outback and Ocean extended trip; social media assist; website manager; wellbeing support.
FAYE CHATHAM	secretary; policy and procedure assist; website assist; wellbeing support officer (as secretary).
SHARON BARSBY	treasurer; chairperson finance & audit; fundraising officer; property assist.
ANGELLA HILLIS	commemorations officer; Lodge/Legacy liaison officer.
KAY LITTLER	assistant treasurer; fund raising assist; grant officer.
ANNETTE NEWSHAM	librarian.
LYNNE POLLOCK	financial auditor (internal); fundraising assist; Lodge/Legacy liaison; property officer.
LEONE WILSON	patron; assistant secretary; policy and procedure assist; awards; commemorations assist; communications & promotions officer; history manager; newsletter editor; wellbeing officer.

NON-COMMITTEE MEMBERS

GLENDA EVERTON-BROCKLESBY	activities assist.
DOT CARROLL	activities assist; commemorations assist; librarian.
JEANNIE ROBERTS	assistant secretary (to August); activities assist; newsletter assist; social media manager.
SHIRLEY WATSON	awards; wellbeing support officer.
LARRAINE HOULIHAN	Outback and Ocean extended trip 2024.
DANNIELLE BREARLEY	property assist; RSL liaison officer.
GLORIA KILPATRICK	property assist; RSL liaison.
ETHEL BOURKE	wellbeing support officer (The Lakes).

***Thank you to all volunteers
including those not listed who assist at our various activities***

Thank you also to the raffle donors and suppliers of goodies we enjoy with our cuppa!

NOTICES

Sheona has located a fridge mounted emergency information booklet. She plans to have some available at the next meeting—they are \$2 each

Sheryl's shirt (pictured page 9) was purchased from TEMU for \$13.87

Wellbeing Activities

All of our activities are for the wellbeing of members.



LINE DANCING

Instructor Chris will help you to enjoy this healthy fun experience.

WEDNESDAYS 1200-1300 Hrs (noon to 1pm)

Coronation Hall (airconditioned), 71 High Street, Walkervale
Funding provided by Dept of Veterans Affairs, Queensland.

\$2 donation per session per participant.



TEN PIN BOWLS

Last Monday—all welcome

Meet in café area

by 1030 for 1100 Hrs start.

Stay for a social lunch (optional).

First timers,

contact Lynne Pollock 0438 517 795





UPCOMING ACTIVITIES 2024

CUPPA CHAT

FIRST WEDNESDAY OF THE MONTH Informal get together at the Lodge from around 1030 Hrs to 1130 Hrs
Arrive and depart as you wish. Bring a plate (optional).
NB variations: Sep Tom Quinn; November High Tea @ Stained Glass

BDWV 57TH BIRTHDAY LUNCHEON

OLD BUNDY TAVERN, QUAY STREET 15 JULY, *PIXIES & PIRATES*—RSVP 3 JUL
Members \$30, Guests \$40

PICNIC IN THE PARK

BUNGADOO COUNTRY COTTAGE, SUNDAY 21 JULY 1130 HRS. RSVP 11 JUL
Members and family welcome. Sharon & Jenny cooking pizzas for all— numbers needed.

TEN PIN BOWLS

LAST MONDAY JAN-NOV—FUN ACTIVITY—NO SKILL NEEDED (OR USED!) 1000 FOR 1100 HRS
Healthy exercise with mates and plenty of laughs. Everyone is a winner.
Bundaberg Bowl & Leisure Centre, Lester Street. Book with Lynne Pollock 0438 517 795

LINE DANCING

WEDNESDAYS FROM 8 MAY—FUN ACTIVITY—LEARN AS YOU GO—1200 TO 1300 HRS
More healthy exercise with mates and plenty of laughs.
Coronation Hall, 71 High St, Walkervale. Sponsored by DVA Queensland—cost for participants \$2 each per session.

OUTBACK 'N' OCEAN BUS TRIP AUGUST 2024 * 11 DAYS

Departs 10 Aug. Expressions of interest for the waiting list may be sent to Jenny Waldron.

DAY TRIP

Details to be advised—watch this space

ARTY CRAFTY

SATURDAY 2 NOVEMBER
More details will be provided in due course.

CHRISTMAS LUNCHEON

18 NOV—Details to be advised—watch this space

2025

Norfolk Island in 2025—Annette Newsham
Cruising 2025—Gloria Kilpatrick

Details including options are available on two 'expressions of interest' sheets at the Lodge
Select your preferences and add your expression of interest to help forward planning

ACTIVITY BOOKINGS

The easy way is via the clipboards at the Lodge.

IMPORTANT: Please advise any special diet requirements when booking for a function.

All bookings are to be confirmed by payment (see page 2 for payment options).
Watch for any updates to these activities.

OUR DIARY 2024



NB: The full calendar Jan-Dec is available to download from our website.

MAY	Mon	27	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
MAY	Wed	29	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Wed	05	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Wed	05	Cuppa Chat	Lodge from 1030 Hrs
JUN	Thu	06	Day coach trip	Sunshine Coast for SCESWA luncheon Dep 0700 Hrs Ret c1800 Hrs
JUN	Wed	12	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Mon	17	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
JUN	Wed	19	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Mon	24	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
JUN	Wed	26	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Wed	03	Cuppa Chat	Lodge from 1030 Hrs
JUL	Wed	03	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Wed	10	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Mon	15	Birthday Luncheon	Old Bundy Tavern M \$30 G \$35 RSVP 3 Jul
JUL	Wed	17	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Sun	21	Picnic in the Park	Bungadoo—Pizzas at Jenny and Sharon's private park, 1130 Hrs
JUL	Wed	24	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Mon	29	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
JUL	Wed	31	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
AUG	Wed	07	Cuppa Chat	Lodge from 1030 Hrs
AUG	Wed	07	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
AUG	Sat	10	Outback n Ocean	11 day coach tour departs Bundy Coaches (return Tue 20)
AUG	Wed	14	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
AUG	Mon	19	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
AUG	Wed	21	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
AUG	Mon	26	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
AUG	Wed	28	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	TBA		Day Trip	TBA
SEP	Wed	04	Cuppa Chat TQ	Tom Quinn Centre buy your own cuppa from 1030 Hrs
SEP	Wed	04	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Wed	11	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs

FOR MORE INFORMATION:

CHECK ADVERTISING ON THE WEBSITE, THE LODGE NOTICEBOARD, AND CLIPBOARDS,
AND IN OTHER PAGES OF CHESTS OUT PLUS DETAILS CONTAINED IN THE MINUTES





Commemorations

ANZAC 2024 WREATHS LAID



Bundaberg
Dawn Shirley Watson, with Shirley Parker & Helen Baldwin



Bargara
Faye Chatham, with Con Chatham



War Nurses
Leone Wilson (Women Vets) Jenny Waldron (ADF)



Burnett Heads
Leone Wilson With Dannielle Brearley, Helen Baldwin, Shirley Parker, Shirley Watson

JUNE

anniversaries/significant events

02 June (first Sunday) RAAF Bomber Command Commemorative Day



Our members' post WWII defence contribution to Australia



NURSERY RHYME *updated*



*Hey diddle, diddle, the cat took a piddle,
All over the bedside clock.
The little dog laughed to see such fun.
Then died of electric shock.*



E-MAIL TO YOU

IMPOSSIBILITIES IN THE WORLD

1. You can't count your hair.
2. You can't wash your eyes with soap.
3. You can't breathe when your tongue is out

Put your tongue back in your mouth, sure you can still breathe, you fool.

TEN (10) THINGS I KNOW ABOUT YOU

1. You are reading this.
2. You are human.
3. You can't say the letter "P" without separating your lips.
4. You just attempted to do it. You are an idiot!
6. You are laughing at yourself.
7. You have a smile on your face and you skipped No. 5.
8. You just checked to see if there is a No. 5.
9. You laugh at this because you are a fun loving person and everyone does it too.
10. You are probably going to send (share) this to see who else falls for it.

You have received this e-mail because I didn't want to be alone in the idiot fool category.

*"Do not regret growing older.
It is a privilege denied to many."*

I'm responsible for what I say, not for what you understand.

\$2.99 SPECIAL

A couple went to breakfast at a restaurant where the 'seniors special' was two eggs, bacon, hash browns and toast for \$2.99.

'Sounds good' the wife said, 'but I don't want the eggs.'

'Then, I'll have to charge you \$3.49 because you're ordering a la carte,' the waitress warned her.

'You mean I'd have to pay for not taking the eggs?' the wife asked incredulously.

'YES!' stated the waitress..

'I'll take the special then,' the wife said.

'How do you want your eggs?' the waitress asked.

'Raw and in the shell,' the wife replied. She took the two eggs home and baked a cake.

DON'T MESS WITH SENIORS!!! We've been around the block more than once!

Always laugh when you can—it is cheaper than medicine!

SMILE

SMART ASS ANSWER

A truck driver was driving along on the freeway and noticed a sign that read: Low Bridge Ahead. Before he knows it, the bridge is right in front of him and his truck gets wedged under it. Cars are backed up for miles.

Finally a police car comes up. The cop gets out of his car and walks to the truck driver, puts his hands on his hips and says, 'Got stuck, huh?'

The truck driver says, 'No, I was delivering this bridge and I ran out of gas.'



.....
It was mealtime during an airline flight. 'Would you like dinner?', the flight attendant asked John, seated in front.

'What are my choices?' John asked.
'Yes or no,' she replied .

**MEETINGS ARE ESSENTIAL TO THE ASSOCIATION
A QUORUM IS ESSENTIAL TO A MEETING
YOUR ATTENDANCE IS ESSENTIAL TO A QUORUM!**

Be alert to scams

Supposed email from a friend or from our association

- ⇒ Always check the email address – the one used may not look correct
- ⇒ Study the wording - the wording used may not be 'usual' from the supposed source
- ⇒ Signature – is this the way the sender would normally sign
- ⇒ Finance - does the request really sound correct and if you are asked to supply details, **DON'T**.

IF YOU HAVE ANY DOUBT—PHONE THE SENDER AND CHECK

IF YOU DON'T KNOW THEIR PHONE NUMBER, ASK THE SECRETARY TO PHONE THE SENDER FOR YOU

DO NOT RESPOND TO EMAILS UNLESS YOU ARE SURE OF THE SOURCE

NEVER PROVIDE PERSONAL INFORMATION

IF IT SOUNDS TO GOOD TO BE TRUE, YOU CAN BET YOUR BOTTOM DOLLAR IT IS A SCAM!

1. The bandage was wound around the wound.
2. The farm was used to produce produce.
3. The dump was so full that it had to refuse more refuse.
4. We must polish the Polish furniture.
5. He could lead if he would get the lead out.
6. The soldier decided to desert his dessert in the desert.
7. Since there is no time like the present, he thought it was time to present the present.
8. A bass was painted on the head of the bass drum.
9. When shot at, the dove dove into the bushes.
10. I did not object to the object.
11. I had to subject the subject to a series of tests.
12. The insurance was invalid for the invalid.
13. How can I intimate this to my most intimate friend?
14. There was a row among the oarsmen about how to row.
15. They were too close to the door to close it.
16. The buck does funny things when the does are present.
17. A seamstress and a sewer fell down into a sewer line.
18. To help with planting, the farmer taught his sow to sow.
19. The wind was too strong to wind the sail.
20. After a number of injections my jaw got number.
21. Upon seeing the tear in the painting I shed a tear.



HAVE YOU BOOKED?

Check

the clipboards;
the notice board;
CO pages 6 and 7; and
the Website!!

Have you secured your booking with payment?



Acknowledgement: Thank you to the Bundaberg RSL Sub Branch for printing file and limited hard copies for non-electronic members.

BIRTHDAYS

.....
JUNE

Helen Baldwin 29

Happy Birthday!

CONTACTS

RSL

EMERGENCY 134RSL (134775)

Bundaberg RSL:

ADVOCATE RECEPTIONIST

Liz 4330 3167

VSC Tue-Fri 0900-1300

Lex Roberts

SECTY 0477 959 747

RSL bldg. Mon-Fri 0830-1500

Dannielle Brearley

ACTIVITIES 0422 134 313

VSC Mon, Wed, Fri 0900-1300

Jan Rimmington

RSL VETERAN SERVICES

134 RSL (134 775) Opt 2

vs@rslqld.org

LEGACY

WELLBEING Rudy Valzan

0418 452 059

Defence Vets Drop In Centre:
4153 4599

Open Mon & Thu mornings,
ESO BBQ's lunchtime 1st Sunday

WELLBEING

Jude Binder, Angella Hillis CSC

DVA

1800 555 254

Advice and claims

1800 838 372

Open Arms—
Veterans & Families

Counselling

1800 011 046

Safe Zone 24/7

1800 142 072

Lifeline 24/7

13 11 14

www.lifeline.org.au

ADF Health & Wellbeing Portal

www.defence.gov.au/health/healthportal

Defence Family Helpline 24/7

1800 624 608

www.defence.gov.au/DCO/Defence-Helpline.asp

Health Direct 1800 022 222

Poisons Information 13 11 26

Elder Abuse 1800 737 732